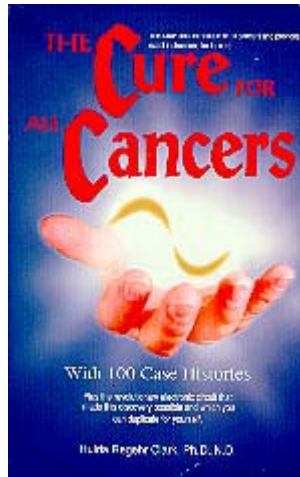


## Cure for All Cancers

The text of "The Cure for All Cancers" shown below has been made available by Dr. Hulda Clark in her desire to help as many people as possible. Please visit the Self Health Resource Center web site for more information about Dr. Clark, her products, and her latest research.

---



New research findings show there is a single cause for all cancers. This book provides exact instructions for their cure.

## The Cure For All Cancers

Including Over 100 Case Histories of  
Persons Cured

Plus two revolutionary electronic circuits, one  
to diagnose and monitor progress, the other  
to zap parasites and bacteria!

**Hulda Regehr Clark, Ph.D., N.D.**

---

### Cancer can now be CURED, not just treated

We are not accustomed to thinking about a cure for cancer. We think of remission as the only possibility. But this book is not about remission. It is about a cure. This is possible because in 1990 I discovered the true cause of cancer. The cause is a certain parasite, for which I have found evidence in every cancer case regardless of the type of cancer. So lung cancer is not caused by smoking, colon cancer is not caused by a low-roughage diet, breast cancer is not caused by a fatty diet, retinal blastoma is not caused by a rare gene, and pancreatic cancer is not caused by alcohol consumption. Although these are all contributing factors, they are not THE cause. Once the true cause was found the cure became obvious. But would it work? I set a goal of 100 cases to be cured of cancer before publishing my findings. That mark was passed in December, 1992. The discovery of the cause and cure of all cancers has stood the test of time and here it is!

---

## You may not have time

to read this entire book first if you have cancer and are scheduled for surgery, chemotherapy or radiation treatment. You may wish to skip the first pages which describe how a parasite and a solvent cause cancer to develop. Go directly to the instructions on eliminating the parasite with herbs (*Cancer Curing Recipe*, page 19) or with electricity (*Zapping Parasites*, page 30). Using the herbal recipe along with the zapper is best. It only takes days to be cured of cancer regardless of the type you have. It does not matter how far progressed the cancer is- you can still stop it immediately.

After you have stopped the cancer, you can turn your attention to getting well (*Part 2*). Read the case histories to see how easy it is to stop even terminal cancers (*Part 3*). Learn from them to avoid mistakes.

Does this mean you can cancel your date for surgery, radiation or chemotherapy? Yes, after curing your cancer with this recipe, it cannot come back. This is not a treatment for cancer: It is a cure! But if you do not wish to make your doctor angry, you could follow her or his wishes, too. Be careful not to lose any vital anatomical parts in surgery, though, because you may need them later when you are healthy!

Remember that oncologists are kind, sensitive, compassionate people. They want the best for you. They have no way of knowing about the true cause and cure of cancer since it has not been published for them. I chose to publish it for you first so that it would come to your attention faster.

---

# The Cure For All Cancers

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## Notice to the Reader:

The opinions and conclusions expressed in this book are mine, and unless expressed otherwise, mine alone. The opinions expressed herein are based on my scientific research and on specific case studies involving my patients. Be advised that every person is unique and may respond differently to the treatments described in this book. On occasion we have provided dosage recommendations where appropriate. Again, remember that we are all different and any new treatment should be applied in a cautious, common sense fashion.

The treatments outlined herein are not intended to be a replacement or substitute for other forms of conventional medical treatment. Please feel free to consult with your physician or other health care provider.

I have indicated throughout this book the existence of pollutants in food and other products. These pollutants were identified using a testing device of my invention known as the Syncrometer.™ Complete instructions for building and using this device are contained in this book. Therefore anyone can repeat the tests described and verify the data.

The Syncrometer is more accurate and versatile than the best existing testing methods. A method for determining the degree of precision is also presented. However at this point it only yields positive or negative results, it does not quantify. The chance of a false positive or a false negative is about 5%, which can be lessened by test repetition.

It is in the public interest to know when a single bottle of a single product tests positive to a serious pollutant. If one does, the safest course is to avoid all bottles of that product entirely, which is what I repeatedly advise. These recommendations should be interpreted as an intent to warn and protect the public, not to provide a statistically significant analysis. It is my fervent hope that manufacturers use the new electronic techniques in this book to make purer products than they ever have before.

---

## Acknowledgments

I would like to express my sincere gratitude to **Frank Jerome, DDS.** for the loan of his parasite slide collection. If he had not made a slide of *Fasciolopsis buskii* in his student years and if he had not stored his slides carefully for three decades, finally to loan them to me in a generous offer, none of these discoveries would have been made.

Furthermore, most of these cancer patients could not have regained their health without his development of a new metal-free dentistry. Thanks are also due to his wife, **Linda**, for her patience and willingness to listen to new ideas. And a very special thank you is due to **Mary L. Austin, Ph. D.** now deceased, for her daily support and who, up to the age of 97, had an amazing open-mindedness. Another special thank you goes to my son, **Geoffrey**, whose suggestions, computer expertise, help with instrumentation, and editing were indispensable and very much appreciated. Also thanks for his ideas on the use of extra strength Black Walnut Tincture.

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## Preface

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### **From Time Immemorial Healthy People Have Held Sick People Hostage.**

---

The Witch Doctor, Medicine Man and Woman, Herbalist and Clinician are all alike in this respect. They wish to keep information surrounding illness and wellness to themselves and away from the common person so that a profession of medicine can grow and become lucrative. The Herbalist did not tell which herbs could relieve colds or bring on a woman's menstrual period (birth control) for fear that the people in need would get them for themselves and not need (nor pay) the Herbalist. The modern medical profession overlooks information on prevention; it tries to make self-help and simple treatments illegal. All for the same purpose: to build and aggrandize their profession. This seems inappropriate, especially where communicable or wide-spread illness is involved. This example is taken from a text on herbology:

This [bath] is a safe and sane procedure and will prove most beneficial to those who are obese and desire to reduce safely. In combination with the internal treatment with decoction of *Fucus*, this course is worth considerable to very stout people, and should not be sold too cheaply. It is a grave mistake to put this scientific treatment in the same class as the many advertised nostrums on the market. It is also a mistake to let your patient know what you are using. If any do make this mistake, he will lose his client who will straight away go to a drugstore for supplies.

---

## I believe hostage-holding of the sick is immoral, fundamentally unethical, and needs to be stopped.

---

Besides the moral issue, there is a practical issue. It would benefit society much more if the sick person were quickly rescued and helped back to productivity. A healthy society benefits each of us immensely. Likewise, an ill society injures us immensely, even when it is half a planet away. With this book, I hope to give away as many secrets as I can about the cause and the cure of all cancers, letting the truth come first and "professional concerns" come last.

The human species can no longer afford to make a business out of illness. Global travel reduces our planet to the size of our backyards. In order to keep our own backyards clean, the neighbors must keep theirs clean. So it is with keeping our bodies free of viruses, bacteria and parasites. We *all* must be free of them. The concept of health as a narrow professional concern is obsolete.

This book is intended as a gift to humanity. I make a plea to the public and private sector of the medical community not to suppress this information but to disperse it regardless of embarrassment or liability from the simplicity and newness of the cure, provided only that it meets your standard of truth.

### Abstract/Summary

---

The human species is now heavily infested with the fluke family of parasites, particularly the intestinal fluke *Fasciolopsis buskii*, but also the sheep liver fluke *Fasciola hepatica*, the pancreatic fluke of cattle *Eurytrema pancreaticum*, and the human liver fluke *Clonorchis sinensis*. This increase is due to the establishment of a new "biological reservoir" in cattle, fowl and household pets. In the presence of solvents, these flukes can complete their entire life cycle in the human body, not requiring a snail as an intermediate host, as they usually do. These solvents are isopropyl alcohol, benzene, methanol, xylene, toluene and others which occur as residues in our foods and pollute our body products such as toothpaste, mouthwash, lotions and cosmetics. These solvents are also contaminants of animal feed, and thus are responsible for establishing this new reservoir or source of infection.

Different solvents accumulate preferentially in different organs. Isopropyl alcohol accumulates in the liver, resulting in completion of the life cycle of *Fasciolopsis* in the liver. This establishes the cancerous process, namely the production of the mitotic stimulant, ortho-phospho-tyrosine. Ortho-phospho-tyrosine and a variety of growth factors are produced in the human host organs, possibly for the parasites' own use, inadvertently including the human tissue in its sphere of influence. The presence of an adult fluke in the liver signals the production of ortho-phospho-tyrosine in a distant organ. This organ appears to be chosen on the basis of copper and fungus presence as well as ordinary carcinogens.

The difference between persons who accumulate isopropyl alcohol and those who metabolize it promptly is the presence of *aflatoxin B* in the former. The coincidence of aflatoxin B and isopropyl alcohol in the liver results in the formation of *human Chorionic Gonadotropin* (hCG). HCG becomes widespread throughout the body and is followed by ortho-phospho-tyrosine formation. Aflatoxins are contaminants of our foods and may also be produced in situ by the growing mycelia of *Aspergillus* varieties. Such mycelial growths are only seen in the presence of copper!

Vitamin C assists in detoxification of aflatoxin B. This may explain the observations of Linus Pauling and others that vitamin C can eradicate some cancers.

Removal of isopropyl alcohol, copper and mycotoxins from the patient's lifestyle and destruction of all fluke stages as well as elimination of undercooked meats and dairy products in the diet results in quick recovery, generally less than one week, from cancers of all kinds. Cancer could be eradicated in a very short time by clearing our food animals and household pets of fluke parasites and by monitoring all food and feed for solvents. Stopping consumption of mycotoxins and ceasing use of copper water pipes must also be done.

Since developmental stages of the intestinal fluke are found in blood breast milk the saliva semen and urine

and can be seen directly in these body fluids using a low power microscope, it follows that this parasite can be sexually transmitted and also transmitted by kissing on the mouth and breast feeding. However, the recipient would develop cancer only if isopropyl alcohol were accumulated in his or her body, as a result of aflatoxin consumption.

All the technical information presented here can be obtained with a device called a Syncrometer.™ The methods used are discussed in *How To Test Yourself*. A simple circuit is also described which can be built by a novice and allows anyone to reproduce my results.

## Part One: The Cause

---

For many years we have all believed that cancer is different from other diseases. We believed that cancer behaves like a fire, in that you can't stop it once it has started. Therefore, you have to cut it out or radiate it to death or chemically destroy every cancerous cell in the body since it can never become normal again. **NOTHING COULD BE MORE WRONG!** And we have believed that cancers of different types such as leukemia or breast cancer have different causes. Wrong again!

In this book you will see that all cancers are alike. They are all caused by a parasite. A single parasite! It is the *human intestinal fluke*. And if you kill this parasite, the cancer stops immediately. The tissue becomes normal again. In order to get cancer, you must have this parasite.

How can the human intestinal fluke cause cancer? This parasite typically lives in the intestine where it might do little harm, causing only colitis, Crohn's disease or irritable bowel syndrome, or perhaps nothing at all. But if it invades a different organ, like the uterus or kidneys or liver, it does a great deal of harm. If it establishes itself in the liver, it causes cancer! It only establishes itself in the liver in some people. These people have *propyl alcohol* in their bodies. All cancer patients (100%) have both propyl alcohol and the intestinal fluke in their livers. The solvent propyl alcohol is responsible for letting the fluke establish itself in the liver. In order to get cancer, you must have both the parasite and propyl alcohol in your body.

### Flukes

Five flukes, in various stages of decay, expelled from bowel. They float. "Black hairy legs" are strings of eggs.

To understand cancer you should understand the basic facts about the human intestinal fluke. Its scientific name is *Fasciolopsis buskii*. Fluke means "flat", and flukes are one of the families of flatworms. On the next page is a photograph of the human intestinal fluke, made from a preserved and stained specimen so all the details are visible. It is as flat as a leaf. The parasite is not unknown, it has been studied since at least 1925.

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Typical size

### This Is The Cancer Causing Parasite

**Fig. 1 Human intestinal fluke (*Fasciolopsis buskii*)**

This parasite has stages that it must go through to keep reproducing. The first stage is the *egg*. The adult produces millions of eggs. They pass out of us with the bowel movement. The adult, though, stays tightly stuck to our intestine (or liver, causing cancer, or uterus, causing endometriosis, or thymus, causing AIDS, or kidney, causing Hodgkin's disease).

Size about 1/10 mm.

#### Fig. 2 Fasciolopsis egg

Most of us get little lesions in our intestines from time to time. These tiny sores allow the eggs, which are microscopic in size, to be pulled into the blood stream (other parasite eggs get into the blood this way too).

#### Fig. 3 Miracidia hatching

Some of these eggs actually hatch in the intestine or in the blood. The microscopic hatchlings are called *miracidia* and are the second stage. They swim about with their little swimmer-hairs. And of course, the liver whose job it is to dispose of toxins, will receive them and kill them as the blood arrives from the intestine. They have no chance to survive in normal people.

### Flukes and Propyl Alcohol

#### Fig. 4 Miracidia expelling "mother" redia

BUT SOMETHING SPECIAL HAPPENS TO PEOPLE WHO HAVE PROPYL ALCOHOL IN THEIR BODIES. The liver is unable to trap and kill these tiny fluke stages. These baby-stages are actually allowed to make their home in the liver and other tissues. It is as if the immune system has no power to kill them. The flukes begin to multiply in people with propyl alcohol in their bodies! The miracidia (hatchlings) start to make little balls inside themselves, called *redia*. But each redia (ball) is alive! It pops itself out of the miracidia and begins to reproduce itself. 40 redia can each make 40 more redia! And all of this out of one egg!

Fig. 5 "Mother" redia bearing "daughter" redia

This parasite is laying eggs and producing millions of redia right in your body! In your cervix or lungs, wherever your cancer is growing! These redia are swept along in your blood, landing in whatever tissue lets them in. Smokers' lungs, breasts with benign lumps, prostate glands full of heavy metals are examples of tissues that give the redia their landing permits.

Multiplying continues at a hectic pace, generation after generation. Redia are nesting in the liver and other organs. Suddenly they change their shape. They sprout a tail and can swim again. Now they are called *cercaria*

Fig. 6 Cercaria

The cercaria only need to find a place to attach. After they glue themselves to your tissue, their tails disappear and they begin to grow a "cocoon".

Adult eggs miracidia redia cercaria metacercaria

#### Fig. 7 Life cycle of a fluke

Now they are called *metacercaria*. Normally, this would happen on a leaf growing near a pond, so the metacercaria develop an extremely thick shell around themselves to withstand the winter. Does the presence of the solvent propyl alcohol in your body dissolve this tough shell? That would remove the last barrier to the fluke completing its entire life cycle anywhere in your body!

After the shell is gone, they grow into adult flukes in your tissue. NOT IN THE INTESTINE BUT IN YOUR LIVER! Now the cycle is complete. From egg to miracidia to redia to cercaria to metacercaria and then the adults! And all of them eating and sucking and devouring your vital body fluids.

But this is not normal for flukes. Their normal life cycle goes like this:

Stage	Normal Life Cycle
1 Egg	Expelled with bowel movement onto soil. Washed by rain into ponds.
2 Miracidia	Hatches from egg in water. Has cilia, can swim vigorously and must find intermediate snail host in one to two hours or may be too exhausted to invade.
3 Redia	Develop inside miracidia as little balls until expelled. Those are "mother" redia, and each one bears "daughter" redia for up to 8 months, all still inside the snail, and living on the fluids in the lymphatic spaces. Similarly, daughter redia are continually developing cercaria.
4 Cercaria	Have a tail, use it to exit from snail and swim to a plant. If the snail is feeding on a plant, cercaria can latch onto plant with sucker mouth and start to encyst (form a "cocoon") within minutes. Tail breaks off and swims away to dissolve.
5 Metacercaria	Two-walled cysts. The outer wall is very sticky. But as you eat the plant it is stuck to, the least pressure will break it, leaving the cyst in the mouth. The "almost unbreakable" inner cyst wall protects it from chewing, and the keratin-like coat prevents digestion by stomach juices. However when it reaches the duodenum, contact with intestinal juices dissolves away the cyst-wall and frees it. It then fastens itself to the intestinal lining and begins to develop into an adult.
6 Adult	Lives in your intestine and can produce 1000 eggs per bowel movement and live many <u>years</u> .

**Fig. 8 Fasciolopsis' normal life cycle**

As you can see, humans typically are the host for just the adult stage, and then only in the intestine. But can you imagine the havoc in your body if you did the snail's job, too?

As if these parasites were not fiendish enough, as soon as there are adults in the liver something NEW happens. A *growth factor*, called *ortho-phospho-tyrosine* appears. A monster has been born! Growth factors make cells divide. Now YOUR cells will begin to divide too! Now you have cancer.

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### Now You Have Cancer

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The presence of ortho-phospho-tyrosine is the beginning of your cancer. Unless you act quickly to kill this parasite spawning machine, it will take over your body.

But first, let's sit back and think for a minute. Why is this parasite multiplying feverishly in your organs instead of living quietly in your intestine? Because having propyl alcohol in your body allows its development outside of the intestine. A parasite is simply doing what all living things must do: survive and reproduce. It is not the fiendish nature of this parasite that has given you cancer. It is the tragic pollution of your body with propyl alcohol that is at

fault. And, of course, the infestation of our food animals and household pets with fluke parasites. But we will come to this later.

It is quite possible that the redia or cercaria produce the ortho-phospho-tyrosine in order to help themselves divide while reproducing. Other growth factors are produced, too. There are: epidermal growth factor (EGF), platelet derived growth factor (PDGF), insulin-like growth factor (IGF), fibroblast growth factor (FGF). These can also be made by bacteria. But only Fasciolopsis makes ortho-phospho-tyrosine. These growth stimulants are not intended to make your cells multiply at all. Normally the parasite stages are developing in a pond full of snails! This parasite wasn't meant to go through its life cycle in our bodies. But since our bodies respond to ortho-phospho-tyrosine (and other growth factors) the same way, our cells are forced to multiply and multiply and multiply along with the fluke stages and bacteria.

### *Purge The Parasite, Cure The Cancer*

The good news is that when the fluke and all its stages have been killed, the ortho-phospho-tyrosine disappears. In 24 hours all ortho-phospho-tyrosine is gone! Your cancer is gone. You still have the task of repairing the damage. But your cancer cannot come back. And you have won the battle for your life.

BUT WHAT ABOUT THE BATTLE FOR YOUR HEALTH? Let us step back again into the nightmare of cancer. Why do the microscopic fluke stages choose the cervix or prostate or lung in which to settle for reproduction? Perhaps it is because the cancerous organ has lost its immune power for you, so that it cannot catch and kill the tiny invaders. After all, there is propyl alcohol in the cancerous tissue, and many other toxins as well. The heavy metal copper is there. Often mercury and nickel are there. Lanthanide metals like yttrium and hafnium are there. Common toxins like arsenic from household pesticides are there. PCBs and Freon are there. Fungus is even growing there and producing *patulin*, a deadly mycotoxin. Is it just a coincidence that the parasite survives and reproduces itself best in your most unhealthy organs?

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## **Clearly, you must do 3 things:**

1. Kill the parasite and all its stages.
2. Stop letting propyl alcohol into your body.
3. Flush out the metals and common toxins from your body so you can get well.

---

We have been taught to believe that every parasite is so unique that a different drug is required to kill each one. The better drugs, such as Praziquantel™ and Levamisole™ or even Flagyl™ and Piperazine™, can each kill several worm varieties. But this is just not practical when dozens of different parasites are present. We have dozens of different parasites in us! It would be best to kill them all together even though only the intestinal fluke is causing cancer.

Look at the case histories. It is not unusual for someone to have a dozen (or more) parasites out of the 120 parasites I have samples of (they are listed in *The Tests*). You can assume that you, too, have a dozen different parasites. We are heavily parasitized beings! Our bodies are large enough to provide food and shelter for lots of these free loaders. If they were settled on the outside where we could see them, like lice or ticks, we would rid ourselves in a flash. Nothing is more distasteful to the imagination than hordes of biting, chewing, crawling, sucking creatures on our flesh. But what about IN our flesh? We cannot see inside ourselves, so we mistakenly assume that nothing is there.

### *Herbal Parasite Remedies*

The Native American peoples knew that humans are parasitized. Other native peoples from the Arctic to Antarctic knew that we are parasitized like other animals. They had frequent purgings that included diarrhea or vomiting to rid themselves of their slimy invaders. Many cultures continued such practices right up to my own childhood. I remember being forced to swallow a spoonful of sulfur and molasses and raw onion! How dreadful it seemed. But it reduced the body's burden of worms and other parasites that we all have. **Where have we gone astray? Why**

**have we forsaken these wise practices?** I have seen that eczema is due to roundworms. Seizures are caused by a single roundworm, *Ascaris*, getting into the brain. Schizophrenia and depression are caused by parasites in the brain. Asthma is caused by *Ascaris* in the lungs. Diabetes is caused by the pancreatic fluke of cattle, *Eurytrema*. Migraines are caused by the threadworm, *Strongyloides*. Acne rosacea is caused by a *Leishmania*. Much human heart disease is caused by dog heartworm, *Dirofilaria*. And the list goes on.

Getting rid of all these parasites would be absolutely impossible using clinical medicines that can kill only one or two parasites each. Such medicines also tend to make you quite ill. Flagyl™ is used for amoebas and *Giardia*; when the correct dosage is used, it can cause extreme nausea and vomiting. Quinine for malaria is quite toxic. Imagine taking 10 such drugs to kill a dozen of your parasites! Good news, perhaps, for the drug makers but not for you.

Yet three herbs can rid you of over 100 types of parasites! And without so much as a headache! Without nausea! Without any interference with any drug that you are already on! Does this sound too fantastic? Just too good to be true? They are nature's gift to us. The herbs are:

**Black Walnut Hulls** (from the black walnut tree)

**Wormwood** (from the *Artemisia* shrub)

**Common Cloves** (from the clove tree)

These three herbs, taken together, can cure all cancers

**Fig. 9 Cloves, black walnut, and wormwood**

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These three herbs must be used together. Black walnut hull and wormwood kill adults and developmental stages of at least 100 parasites. Cloves kill the eggs. Only if you use them together will you rid yourself of parasites. If you kill only the adults, the tiny stages and eggs will soon grow into new adults. If you kill only the eggs, the million stages already loose in your body will soon grow into adults and make more eggs. They must be used together as a single treatment.

It is the green hull surrounding the nut of the black walnut tree that has this miraculous parasiticide. After it has turned black, it is useless. The large green balls fall to the ground early in the fall. In a week or two they will be black and decaying. Therefore, anyone wishing to make parasiticide must be careful not to let the critical time for harvesting pass. I encourage everyone to make their own parasiticides and to take back the responsibility for keeping themselves and their families free of these tiny monsters. The recipe for Black Walnut Hull Tincture (extra strength) is given in *Recipes* (page 503).

Note that it is a tincture (extracted using grain alcohol), not an ordinary extract (which uses water). The black walnut extract that is available from herb companies is not potent as a parasiticide. It is black, not pale green, indicating that the critical harvesting time had passed. Of course there is no time to make your own if you have fast growing or metastasizing cancer. See the chapter *Sources*.

You will only need one 1 oz. bottle. While you are waiting for it to arrive, get your other 2 herbs ready: wormwood and cloves.

Wormwood consists of the leaves of the *Artemisia* shrub. My recommendation is that you grow it yourself if you have any space to do so. Wormwood seed is available from seed catalogs, see *Sources*.

The amount you need to cure a cancer is very small, yet you cannot do without it. But the Food and Drug Administration (FDA) has regulated it as toxic! It is therefore unavailable in concentrated form from herb companies. The evidence for toxicity accepted by the FDA must have been hearsay. I have never seen a case of toxicity, not so much as a headache or nausea. The toxic level must be much higher than is needed to kill these parasites.

This shrub is called wormwood for good reason: it kills worms! There is quite a bit of confusion over which *Artemisia* is the true wormwood. Books and nurseries can be wrong, even though they assure you they are correct! Buy *Artemisia absinthium* for your garden. Wormwood goes back to antiquity and is mentioned in the



Bible.

If you grow your own, dry the leaves when they are in their prime. The leaves are greenish gray and quite bitter. Nobody would accidentally eat too much of them. Adults may put them in capsules. For a child, crumble ¼ tsp. and stir into honey. I have not done experiments to be more precise than this.

Wormwood capsules are available as a combination of *Artemisia*, and other herbs (see *Sources*).

The third herb necessary to cure cancer is cloves. This is the common spice used in baking. It needs to be ground up in order to release its parasite killing properties. You can buy a can of whole cloves and grind them in a blender or grinder. Store-bought "ground cloves" do not work! Their parasite killing properties have evaporated long ago. Ground cloves from a health food store or herb shop may not work either! They may have been ground years ago. If an herb company were to grind cloves and fill capsules with them right away and store the capsules in closed bottles, the potency of the herb would be protected. Don't take these details for granted. You must question your source and get a satisfactory answer or grind your own (see *Sources*).

You will need about 100 capsules of cloves. To make your own, purchase size 00 (double-zero) capsules at a health food store. (Don't try to mix cloves straight in water! It is much too strong; you may try mixing with honey.) Size 0 capsules will also be acceptable.

You now have:

One 30 cc bottle of pale green Black Walnut Hull Tincture Extra Strength. This is 1 ounce, or six teaspoons, enough for three weeks if you are not very ill.

One bottle of wormwood capsules (each capsule with 200-300 mg of wormwood) or ½ cup of *Artemisia* leaves gathered from a friendly neighbor's shrub.

One bottle of freshly ground cloves (each capsule with 400-500 mg cloves), or ¼ cup bulk powdered cloves.

These are the only essential herbs you will need to cure your cancer. They will last through the first 18 days of the Parasite Program.

There is another item, *ornithine*, that improves this recipe. Parasites produce a great deal of ammonia as their waste product. Ammonia is their equivalent of urine and it is set free in our bodies by parasites in large amounts. Ammonia is very toxic, especially to the brain. I believe this causes insomnia and other sleep problems at night and anxiety by day. By taking ornithine at bedtime, you will sleep better.

Do not try to substitute drugs for herbs. **Drug parasiticides can be extremely toxic, even in the small doses needed. Nor do they kill all the stages.** Here is a clipping I saw recently:

### Common Drugs For Parasitic Infections

Infection	Drug	Adult Dosage	Pediatric Dosage
<b>Amebiasis</b>			
asymptomatic	Iodoquinol	650 mg tid x 20d	30-40 mg/kg/d, 3 doses x 20d
symptomatic	Metronidazole	750 mg tid x 10d	35-50 mg/kg/d, 3 doses x 10 d
	followed by Iodoquinol	650 mg tid x 20d	30-40 mg/kg/d, 3 doses x 20d
<b>Blastocystis</b>	Metronidazole	750 mg tid x 10d	
	or Iodoquinol	650 mg tid x 20d	
<b>Dientamoeba</b>	Iodoquinol	650 mg tid x 20d	40 mg/kg/d, 3 doses x 20d

<b>Giardia</b>	Quinacrine HCl	100 mg tid p.c.x5d	6 mg/kg/d, 3 doses p.c.x5d
	or Metronidazole	250 mg tid x 5d	15 mg/kg/d, 3 doses x 5 d

### Names & Adverse Effects of Common Drugs

Drug: **Iodoquinol** Trade Name: **Yodoxin**.

Adverse Effects: Occ: rash, acne, slight enlargement of thyroid gland, nausea, diarrhea, cramps, anal pruritus. Rare: optic atrophy, loss of vision, peripheral neuropathy after prolonged use in high dosage (months), Iodine sensitivity.

Drug: **Metronidazole** Trade Name: **Flagyl**

Adverse Effects: Freq: nausea, headache, dry mouth, metallic taste. Occ: vomiting, diarrhea, insomnia, weakness, stomatitis, vertigo, aparesthesia, rash, dark urine, urethral burning. Rare: seizures, encephalopathy, pseudo-membranous colitis, ataxia, leukopenia, peripheral neuropathy, pancreatitis.

Drug: **Quinacrine HCl** Trade Name: **Atabrine**

Adverse Effects: Freq: dizziness, headache, vomiting, diarrhea. Occ: yellow staining of skin, toxic psychosis, insomnia, bizarre dreams, blood dyscrasias, urticaria, blue and black nail pigmentation, psoriasis-like rash. Rare: acute hepatic necrosis, convulsions, severe exfoliative dermatitis, ocular effects similar to those caused by chloroquine.

### Fig. 10 Some clinical parasiticides

#### Procedure For Cure

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Start by taking ornithine, 2 at bedtime on the first night you get it. You don't need to wait for the rest of the program to start on ornithine. Take 4 ornithines on the second night. Take 6 ornithines at bedtime on the third night. After this take 4 or 6 ornithines at bedtime every night till you are sleeping soundly. Then go off ornithine and see whether your sleep is as good without it. Use as needed. It is not habit forming.

Ornithine, about 500 mg, is available in capsules (see *Sources*).

There are no side-effects as you can see from the case histories.

There is no interference with any other medication. There is no need to stop any treatment that a clinical doctor or alternative therapist has started you on, provided it is free of propyl alcohol.

#### Alternatives?

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Are there any substitutes for the black walnut hull, cloves or wormwood? I believe there **must be dozens** of plants that could kill the intestinal fluke.

While you are waiting for herbs, why not try all the vitamins and herbs that are presently available to you and that have been traditionally used to treat cancer? They may work by killing fluke stages, or have other value. Some of these are:

Red clover blossoms (2 capsules, 3 times a day)

Pau D'Arco (2 capsules, 3 times a day)

Vitamin C (10 or more grams per day)

Laetrile (as directed by source)

Wheat grass juice (home grown only, not the commercially available powder)

Grapes and grape juice (home-juiced, no meat in the diet)

Echinacea (2 capsules, 3 times a day)

Metabolic enzymes, take as directed

The macrobiotic diet

Then, as soon as your herbs arrive, you can stop these. Or you may wish to continue them as well.

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### Cancer Curing Recipe

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## Parasite Killing Program

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1. **Black Walnut Hull Tincture Extra Strength** (see *Recipes*, page 503, or *Sources*):

Day 1: this is the day you begin; start the same day you receive it.

*Take one drop. Put it in ½ cup of water. Sip it on an empty stomach such as before a meal.*

Day 2: Take 2 drops in ½ cup water same as above.

Day 3: Take 3 drops in ½ cup water same as above.

Day 4: Take 4 drops in ½ cup water same as above.

Day 5: Take 5 drops in ½ cup water same as above.

Day 6: Take 2 tsp., all together in ¼ cup water. Sip it, don't gulp it. Get it down within 15 minutes. (If you are over 150 pounds, take 2½ tsp. If you are over 200 pounds, take 3 tsp.)

*This dose kills any remaining stages throughout the body, including the bowel contents, a location unreachable by a smaller dose or by electric current. The alcohol in the tincture can make you slightly woozy for several minutes. Simply stay seated until you are comfortable again. You may put the tincture in lukewarm water to help evaporate some of the alcohol, but do not use hot water because that may damage its parasiticide power. Then take niacinamide 500 mg (see Sources) to counteract the toxicity of the alcohol. You could also feel a slight nausea for a few minutes. Walk in the fresh air or simply rest until it passes. You may add more water or honey or a spice to make it more palatable.*

For a year: take 2 tsp. Black Walnut Hull Tincture Extra Strength once a week. This is to kill any parasite stages you pick up from your family, friends, or pets.

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Family members and friends should take 2 tsp. every other week to avoid reinfesting you. They may be harboring a few parasite stages in their intestinal tract without having symptoms. But when these stages are transmitted to someone who has had cancer, they immediately seek out the unhealed organ to continue multiplying.

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You may be wondering why you should wait for five days before taking the 2 tsp. dose. It is for your convenience only. You may have a sensitive stomach or be worried about toxicity or side effects. By the sixth day you will have convinced yourself there is no toxicity or side effects.

**Going faster.** In fact, if you are convinced after the first drop of the restorative powers of Black Walnut Hull Tincture Extra Strength, take the 2 tsp. dose on the very first day.

**Going slower.** On the other hand, if you cringe at the thought of taking an herb or you are anxious about its safety, continue the drops, increasing at your own pace, until you are ready to brave the decisive 2 tsp. dose.

**Extremely ill.** Take the 2 tsp. dose twice a day for 5 days. Then go down to once a day for a week. If you are much better you may reduce further to twice a week. This will be your maintenance level for a year. Remember to include the wormwood and cloves twice a week also. If you are not improving, follow the dosages in Tapeworm Disease, page 31.

2. **Wormwood** capsules (should contain 200-300 mg of wormwood, see Sources):

Day 1: Take 1 capsule before supper (with water).

Day 2: Take 1 capsule before supper.

Day 3: Take 2 capsules before supper.

Day 4: Take 2 capsules before supper.

Continue increasing in this way to day 14, whereupon you are up to seven capsules. You take the capsules all in a single dose (you may take a few at a time until they are all gone). Then you do 2 more days of 7 capsules each. After this, you take 7 capsules once a week forever, as it states in the Maintenance Parasite Program. Try not to get interrupted before the 6th day, so you know the adult intestinal flukes are dead. After this, you may proceed more slowly if you wish. Many persons with sensitive stomachs prefer to stay longer on each dose instead of increasing according to this schedule. You may choose the pace after the sixth day.

3. **Cloves:**

Fill size 00 capsules with fresh ground cloves; if this size is not available, use size 0 or 000. In a pinch, buy gelatin capsules and empty them or empty other vitamin capsules. You may be able to purchase fresh ground cloves that are already encapsulated; they should be about 500 mg. Grocery store ground cloves do not work! Either grind them yourself or see Sources.

Day 1: Take one capsule 3 times a day before meals.

Day 2: Take two capsules 3 times a day.

Days 3, 4, 5, 6, 7, 8, 9, 10: Take three capsules 3 times a day.

After day 10: Take 3 capsules all together once a week forever, as in the Maintenance Parasite Program.

Take **ornithine** at bedtime for insomnia. Even if you do not suffer from insomnia now, you may when you kill parasites.

L to R: pancreatic fluke (causes diabetes); sheep liver fluke (causes "universal allergy syndrome"); and human liver fluke.

**Fig. 11 Three other parasites you may be killing.**

### Parasite Program Handy Chart

Strike out the doses as you take them.

	<b>Black Walnut Hull Tincture Extra Strength Dose</b>	<b>Wormwood Capsule Dose (200-300 mg)</b>	<b>Clove Capsule Dose (Size 0 or 00)</b>
<b>Day</b>	drops 1 time per day, like before a meal	capsules 1 time per day, on empty stomach (before meal)	capsules 3 times per day, like at mealtime
1	1	1	1, 1, 1
2	2	1	2, 2, 2
3	3	2	3, 3, 3
4	4	2	3, 3, 3
5	5	3	3, 3, 3
6	2 tsp.	3	3, 3, 3
7	Now once a week	4	3, 3, 3
8		4	3, 3, 3
9		5	3, 3, 3
10		5	3, 3, 3
11		6	3
12		6	Now once a week
13	2 tsp.	7	
14		7	
15		7	
16		7	
17		Now once a week	
18			3

At this point you do not need to keep a strict schedule, but instead may choose any day of the week to take all the parasite program ingredients.

Continue on the Maintenance Parasite Program, indefinitely, to prevent future reinfection.

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### *Maintenance Parasite Program*

YOU ARE ALWAYS PICKING UP PARASITES! PARASITES ARE EVERYWHERE AROUND YOU! YOU GET THEM FROM OTHER PEOPLE, YOUR FAMILY, YOURSELF, YOUR HOME, YOUR PETS, UNDERCOOKED MEAT, AND UNDERCOOKED DAIRY PRODUCTS.

I believe the main source of the intestinal fluke is undercooked meat and dairy products. After we are infected with it this way, we can give it to each other through blood, saliva, semen, and breast milk, which means kissing on the mouth, sex, nursing, and childbearing.

Family members nearly always have the same parasites. If one person develops cancer, the others probably have the intestinal fluke also. They should give themselves the same de-parasitizing program.

Do this once a week. You may take these at different times in the day or together:

1. **Black Walnut Hull Tincture Extra Strength:** 2 tsp. on an empty stomach, like before a meal or bedtime.
2. **Wormwood capsules:** 7 capsules (with 200-300 mg wormwood each) once a day on an empty stomach.
3. **Cloves:** 3 capsules (about 500 mg. each, or fill size 00 capsules yourself) once a day on an empty stomach.
4. Take **ornithine** as needed.

	<b>Black Walnut Hull Tincture Extra Strength Dose</b>	<b>Wormwood Capsule Dose (200-300 mg)</b>	<b>Clove Capsule Dose (Size 0 or 00)</b>
<b>Day</b>	1 time per day, on empty stomach	capsules 1 time per day, on empty stomach	capsules 1 time per day, on empty stomach
1	2 tsp.	7	3
2	.	.	.
3	.	.	.
4	.	.	.
5	.	.	.
6	.	.	.
7	.	.	.
8	2 tsp.	7	3
9	.	.	.
10	.	.	.
11	.	.	.
12	.	.	.
13	.	.	.
14	.	.	.
15	2 tsp.	7	3
<b>and so</b>	<b>on...</b>	.	.

The only after-effects you may feel are due to release of bacteria and viruses from dead parasites. These should be promptly zapped (see page 30).

### Children's Parasite Program

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#### Black Walnut Tincture Extra Strength

Children follow the same parasite program as adults through day 5. On day 6, instead of 2 tsp., take the following:

Age	BWT ES	Niacinamide
Under six months	¼ tsp.	50 mg
Six months to five years	½ tsp.	50 mg
Six to ten years	1 tsp.	100 mg
Eleven to sixteen years	1½ tsp.	500 mg

The niacinamide (not niacin) is to help detoxify the alcohol in the tincture. You may crush it and put it in a spoonful of honey, if necessary. Occasionally a bit of niacin gets into the niacinamide tablet and causes a hot flush. It is harmless and soon passes.

Even though the parasite program is very beneficial to children, who tend to pick up parasites more often than adults, it should not be continued on a maintenance basis due to the alcohol content. Have children deparasitize twice a year, or whenever ill.

In case of childhood cancer, however, a much more vigorous program should be followed. Dosages should be increased until vital signs improve, up to 16 tsp., if necessary. For advice on taking a 16 tsp. dose, see Tapeworm Disease on page 31.

### Wormwood and Cloves

Increase dosage one day for each year. For instance a four-year old would follow the adult program until day four, then stop.

Again, it is not advisable for children to be on a maintenance dosage of wormwood and cloves. Taking them during their routine deparasitizing, or when ill, is best.

In case of childhood cancer, it is not necessary to use increased dosages, as with Black Walnut Tincture.

### Cleanse Pets Too

Pets have many of the same parasites that we get, including *Ascaris* (common roundworm), hookworm, *Trichinella*, *Strongyloides*, heartworm and a variety of tapeworms. Every pet living in your home should be deparasitized (cleared of parasites) and maintained on a parasite program. Monthly trips to your vet are not sufficient.

---

You may not need to get rid of your pet to keep yourself free of parasites. But if you are quite ill it is best to board it with a friend until you are better.

Your pet is part of your family and should be kept as sweet and clean and healthy as yourself. This is not difficult to achieve. Here is the recipe:

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### Pet Parasite Program

1. **Parsley water:** cook a big bunch of fresh parsley in a quart of water for 3 minutes. Throw away the parsley. After cooling, you may freeze most of it in several 1 cup containers. This is a month's supply. Put 1 tsp. parsley water on the pet's food. You don't have to watch it go down. Whatever amount is eaten is satisfactory.

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All dosages are based on a 10 pound (5 kilo) cat or dog. Double them for a 20 pound pet, and so forth.

---

Pets are so full of parasites, you must be quite careful not to deparasitize too quickly. The purpose of the parsley water is to keep the kidneys flowing well so dead parasite refuse is eliminated promptly. They get quite fond of their parsley water. Perhaps they can sense the benefit it brings them. Do this for a week before starting the Black Walnut Hull Tincture.

2. **Black Walnut Hull Tincture (regular strength):** 1 drop on the food. Don't force them to eat it. Count carefully. Treat cats only twice a week. Treat dogs daily, for instance a 30 pound dog would get 3 drops per day (but work up to it, increasing one drop per day). Do not use Extra Strength.

If your pet vomits or has diarrhea, you may expect to see worms. This is extremely infectious and hazardous. Never let a child clean up a pet mess. Begin by pouring salt and iodine on the mess and letting it stand for 5 minutes before cleaning it up. Clean up outdoor messes the same way. Finally, clean your hands with diluted grain alcohol (dilute 1 part alcohol with 4 parts water) or vodka. Be careful to keep all alcohol out of sight of children; don't rely on discipline for this. Be careful not to buy isopropyl rubbing alcohol for this purpose.

Start the wormwood a week later.

1. **Wormwood capsules:** (200-300 mg wormwood per capsule) open a capsule and put the smallest pinch possible on their dry food. Do this for a week before starting the cloves.

4. **Cloves:** put the smallest pinch possible on their dry food.

Keep all of this up as a routine so that you need not fear your pets. Also, notice how peppy and happy they become.

Go slowly so the pet can learn to eat all of it. To repeat:

Week 1: parsley water.

Week 2: parsley water and black walnut.

Week 3: parsley water, black walnut, and wormwood.

Week 4: parsley water, black walnut, wormwood, and cloves.

	<b>Parsley Water</b>	<b>Black Walnut Hull Tincture Dose</b>	<b>Wormwood Capsule Dose</b>	<b>Clove Capsule Dose (Size 0 or 00)</b>
<b>Week</b>	teaspoons on food	drops on food, cats twice per week, dogs daily	open capsule, put smallest pinch on food	open capsule, put smallest pinch on food
1	1 or more, based on size			
2	1 or more	1		
3	1 or more	1 or more, based on size	1	
4	1 or more	1 or more	1	1
5 and onward	1 or more	1 or more	1	1



Pets should not stroll on counters or table. They should eat out of their own dishes, not yours. They should not sleep on your bed. The bedroom should be off limits to pets. Don't kiss your pets. Wash your hands after playing with your pet. NEVER, NEVER share food with your pet. Don't keep a cat box in the house; install a cat door. Wear a dust-mask when you change the cat box. If you have a sandbox for the children, buy new sand from a lumber yard and keep it covered. Don't eat in a restaurant where they sweep the carpet while you are eating (the dust has parasite eggs tracked in from outside). Never let a child crawl on the sidewalk or the floor of a public building. Wash children's hands before eating. If feasible, leave shoes at the door. Eat "finger" foods with a fork.

Solvents are just as bad for your pet as for you. Most flavored pet foods are polluted with solvents such as carbon tetrachloride, benzene, propyl alcohol, wood alcohol, etc. Don't buy flavored pet food.

Of the collection of pet foods shown, only two were NOT polluted.

**Fig. 12 Polluted and safe pet foods**

**The two safe dry foods, and one safe canned food.**

**Fig. 13 Safe pet foods**

Pets add a great deal to human lives. **Get rid of the parasites, not the pets, unless you are ill.**

### *Zapping Parasites*

Although the herbal parasite killing program is highly effective against parasites, you should also kill them electrically. Each method has its own areas of greatest effectiveness.

You may build a zapper (page 463) or purchase one (see *Sources*). It is energized by a 9 volt battery. Some people can feel a minor tingling; others feel nothing. After seven minutes take 20 to 40 minutes off. During this time viruses and bacteria will emerge from dead parasites. Zap a second time. Then take another break of 20 to 40 minutes. Finally zap a third time.

You have just killed all the viruses, all the bacteria, and all the parasites including flukes that the zapper current could reach. The few remaining are stuck in gallstones, or kidney stones, or abscesses, or in the bowel contents. Increasing the voltage does not help. Only a 2 tsp. dose of Black Walnut Hull Tincture Extra Strength reaches them in these locations.

Triple-zap daily until you are well.

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## **To summarize:**

What you'll need for killing the intestinal fluke is:

- 1. Black walnut tincture, an alcohol extract of the green hull (for alcoholics, a water recipe is given).
- 2. Wormwood, in capsules.
- Cloves, fresh ground, together with size 00 empty capsules.
- Zapper.

- Optional: ornithine, 500 mg.

Don't wait to begin until you have everything! Start as soon as you get each item! Consider your body like a flower garden. Tiny insects are eating your leaves and petals. They are laying eggs that hatch into hungry caterpillars, spinning cocoons and emerging into new adults continually. You can't wait for anything! You must kill whatever you can as soon as you can in order to save as many petals and leaves as possible!

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### Tapeworm Disease

If you don't improve, in spite of doing everything in this book, and in spite of taking 2 tsp. Black Walnut Tincture Extra Strength twice a day, and in spite of zapping, you probably have tapeworm disease. Tapeworms are much more difficult to kill than other parasites.

There is no time to lose if you have a brain tumor, stomach cancer, pancreatic cancer, or are being tube fed. To kill tapeworm stages, it takes a large amount of Black Walnut Tincture Extra Strength. Follow this procedure:

1. Take 8 tsp. Black Walnut Tincture Extra Strength.
2. Take three 500 mg. tablets of niacinamide (not niacin) to help detoxify the alcohol in the Tincture.
3. Rest an hour (optional).
4. Take another 8 tsp. Black Walnut Tincture Extra Strength.
5. Take another three 500 mg. tablets of niacinamide.
6. Zap for seven minutes to help kill pathogens emerging from the dying parasites. Wait 20 minutes and then zap again for seven minutes. Wait 20 minutes and then zap a third time for seven minutes.

Use as much water as desired to help get the Black Walnut Tincture down. Sip slowly to avoid nausea. This remarkable herb is completely harmless, but the alcohol is not, so always take niacinamide afterward. And never try to operate a vehicle for several hours afterward.

If you are not able to zap or take niacinamide, take the Black Walnut Tincture Extra Strength anyway! You can not afford to wait.

This is a one time treatment. Your vital signs should be noticeably better the very next day. After this, continue taking the 2 tsp. dose daily as before.

Even the 16 tsp. Black Walnut Tincture Extra Strength dose does not kill all the latent (sleeping) tapeworm stages in your body. It only kills those that are hatching. Avoid solvents such as benzene, isopropyl alcohol and wood alcohol to prevent hatching any more. Sooner or later, perhaps in two weeks, another one will hatch. If you suspect this, repeat the 16 tsp. dose.

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### Parasites Gone, Propyl Alcohol Next

Now that you have killed the intestinal fluke and cured your cancer, what's next? Two tasks remain:

1. Stop getting propyl alcohol into your body.
2. Get rid of the heavy metals and common toxins in your body, diet and home. (This is covered in *Part Two: Getting Well Again.*) This will heal the damaged tissues and stop your tendency to make tumors.

Check all labels for "propyl alcohol, "propanol" or "isopropanol". Throw those products away!

**Fig. 14 Some propyl alcohol containing products**

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**Propyl alcohol is the antiseptic commonly used in cosmetics.** Check all your cosmetics for the word "propanol" or "isopropanol" on the label. It is usually put on the label, since it is not currently suspected of causing cancer. I don't know if propyl compounds like propamide, propacetamide, propyl gallate, or calcium propionate could be converted by the body to propyl alcohol, so don't take chances. Do not use anything that has "prop" in the list of ingredients. Don't give your discarded cosmetics to anybody. Don't save them. Don't have them in the house anywhere. Throw them out.

Remember, 100% of cancer patients have the solvent propyl alcohol accumulated in the liver and in their cancerous tissues. People without cancer do not have propyl alcohol in their livers. Look at the case histories. Often one spouse has cancer: you can note that she or he has propyl alcohol and the adult fluke in the liver. Ortho-phospho-tyrosine is present in an organ like the lung where the cancer is developing. But the other spouse does not have cancer although he or she shares the parasite. For him or her it is only in the intestine. There are no eggs or other stages anywhere. There is no solvent present!

Here is a list of common body products that may have propyl alcohol in them: cosmetics, shampoo, hair spray, mouthwash, mousse, body lotions, shaving supplies, and, of course, rubbing alcohol. **If in doubt, throw it out!**

Although body products give us our highest concentrations, propyl alcohol is in our food, too! One primary source is flavor or color. These are extracted with solvents! The concentrate extracted is called a "spice oleoresin." Naturally, the solvents should be removed before the final product is used. But nothing can be removed completely once it is added, so there are regulations governing the amount left. Amounts are stated in "PPM", or "parts per million." 50 PPM would be like 50 drops out of a million drops, or roughly one drop per quart (or liter).

This excerpt is from the Code of Federal Regulations (CFR).

**21 CFR 173.240 (4-1-94 Edition) Isopropyl Alcohol.**

Isopropyl alcohol may be present in the following foods under the conditions specified:

1. In spice oleoresins as a residue from the extraction of spice, at a level not to exceed 50 parts per million.
2. In lemon oil as a residue in production of the oil, at a level not to exceed 6 parts per million.
3. [Discusses its use in hops extract.]

Here is a summary of other solvents mentioned:

Solvent	Allowable residue in spice oleoresins	Paragraph in 21 CFR
Acetone	30 PPM	173.210
Ethylene dichloride	30 PPM	173.230
Methyl alcohol	50 PPM	173.250
Methylene chloride	30 PPM	173.255
Hexane	25 PPM	173.270
Trichloroethylene	30 PPM	173.290

**Fig. 15 Lawful uses of solvents in food.**

Another reason for propyl alcohol pollution (and other pollutants) in our food are the chemicals used by manufacturers to sterilize their food handling equipment.

**21 CFR 178.1010 (4-1-94 Edition) Sanitizing solutions.**

Sanitizing solutions may be safely used on food-processing equipment and utensils, and on other food-contact articles as specified in this section, within the following prescribed conditions:

- (a) Such sanitizing solutions are used, followed by adequate draining, before contact with food. **[Note rinsing or drying is not required!]**

(b) The solutions consist of one of the following, to which may be added components general recognized as safe and components which are permitted by prior sanction or approval.

[Now comes (1) through (43) permissible sterilizing solutions, including several with isopropyl alcohol, like:]

(25) An aqueous solution containing elemental iodine (CAS Reg. No. 7553-56-2), potassium iodide (CAS Reg. No. 7681-11-0), and isopropanol (CAS Reg. No. 67-63-0). In addition to use on food processing equipment and utensils, this solution may be used on beverage containers, including milk containers and equipment and on food-contact surfaces in public eating places.

[Then in paragraph (c)(19) the exact concentration of the iodine is specified. Nowhere is the concentration of the isopropanol specified. It can be as strong as desired.]

**Fig. 16 U.S. regulations on sterilizing solutions.**

Even if there were regulations governing removal of sanitizing solutions, the overwhelming truth is missed: that **nothing can ever be completely removed after it has been added**. Or perhaps the lawmakers didn't miss this fact. Perhaps they believed that small amounts-too small to measure with an ultraviolet spectrophotometer-could surely do no harm.

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The good news is that propanol leaves your body, by itself, in five days after you stop getting it.

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**Propyl alcohol is a pollutant in cold cereals.** Stop buying all cold cereals. Even the most natural cold cereals are polluted. I haven't tested every cereal on the market, but I have tested so many that you should not take a chance on a single one. See *Recipes* to make your own.

Why is it so important to get rid of propyl alcohol if you have already gotten rid of the intestinal fluke, and are on the parasite maintenance program? Because reinfection can occur so quickly! Dairy products and fast-food hamburgers are not heated high enough to kill metacercaria (the shelled stage that can survive extreme heat and cold in ponds). Even when you ask to have your hamburgers cooked very thoroughly, you run the risk of having the same spatula used for both raw and cooked hamburgers. Within 24 hours the fluke stages are in your blood, some of which are "hatching" into adults, and before your next maintenance dose of black walnut tincture they are in your liver and your ortho-phospho-tyrosine is back. But without propyl alcohol this doesn't happen. With propyl alcohol it is inevitable.

All cold cereals I tested, including health-food varieties, are polluted with solvents such as benzene, carbon tetrachloride and propyl alcohol. DON'T EAT THEM.

**Fig. 17 Some polluted cold cereals**

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You should not stay on high doses of parasiticides as a substitute for avoiding propyl alcohol.

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Read all labels on the body products you buy. Keep a lighted magnifying glass with you for this purpose while shopping.

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*Propyl Alcohol Polluted Products*

## THROW THESE OUT

even if propyl alcohol is not listed on the label!

<b>shampoo</b> , even health brands	<b>bottled water</b> , distilled water, or spring water. The <u>bottle, pumps and tubing</u> have been "sanitized," often with propyl alcohol.
<b>hair spray</b> and <b>mousse</b>	<b>rubbing alcohol</b>
<b>cold cereals</b> , even "natural" granolas	all <b>shaving supplies</b> including aftershave
<b>white sugar</b> (brown is OK if detoxified)	<b>carbonated beverages</b>
<b>cosmetics</b> (make your own)	store-bought <b>fruit juice</b> , including health food brands
<b>mouthwash</b>	<b>vitamins, minerals and supplements</b> (unless you test them)
<b>decaffeinated coffee</b> , Postum™, herb tea blends (single herb teas are OK)	

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You can make many of these products yourself, without propyl alcohol (see *Recipes*).

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Tear out this page, put it on your refrigerator, and make a copy to stick on your medicine cabinet. Remember propyl alcohol is also called propanol, isopropanol, isopropyl alcohol and rubbing alcohol.

### *Aflatoxin B*

Whenever propyl alcohol is in the liver, I find *aflatoxin B*, a mold by-product, in the liver as well. Aflatoxin B is known to be extremely carcinogenic. My interpretation of this correlation is that aflatoxin B is inhibiting propyl alcohol metabolism. Of course the reverse may be true: propyl alcohol could be inhibiting detoxification of aflatoxin. Either way, if you stop eating moldy foods your aflatoxin B level will decrease.

Some foods with aflatoxin B are beer, nuts, bread more than a few days old, overripe fruit, and many bulk grains. Surprisingly, very moldy foods like cheese show no signs of aflatoxin B.

Maybe removal of aflatoxin is the reason there are documented cases of freedom from cancer after changing to the "macrobiotic" diet.

### *The Formation of Tumors*

Most cancers are tumorous. Tumors typically start out benign. While they are benign we do not fear them. But perhaps they deserve more attention. After all, benign tumors increase in size and in number, though not as fast as malignant tumors. Without a benign tumor we could not have a malignant tumor. So wouldn't it be best to learn how to avoid having any tumor?

### *Fungus is in Tumors*

Some women's breasts are full of benign tumors, called cysts. The condition is called *fibrocystic breast disease*. What is inside such a cyst? Each little tumor has a tuft of growing fungus inside, called *mycelium*. The fungus is nearly always one of the common food molds, such as *Aspergillus* or *Penicillium*, that has taken root right in your body tissues! It also produces mycotoxin, usually patulin. Why does your body allow this?

A scientific report on this subject was published in 1982. The authors showed that one type of white blood cells are in charge of eating and killing the fungal seeds (spores) while the another type of white blood cells are responsible for killing mycelial growth. Are these two types of white blood cells somehow disabled, allowing fungus to grow in your tissue?

### Copper and Freon are in Tumors

Could it be due to **copper** that I always find at the same location as the fungus? Copper is soluble in fat, and the breast is fatty tissue. Or could it be due to **Freon** which I also find at the same location as the fungus? Perhaps copper would have been attracted to the breast without Freon. And before the Freon-refrigeration age it must have done so. But with a Freon refrigerator in every home and copper plumbing in many homes, the risk is more than doubled. Freon has been shown by scientists to facilitate cancer growth.

Perhaps copper is just an innocent bystander, invited into the breast by the fungus already growing there. Perhaps copper gets there first and invites the fungus. But one simple fact can shed light on the mystery. My preliminary tests show that there are no tumorous breasts in women who are not exposed to high doses of copper, like coppered water. Coppered water is water that has run through copper pipes. Copper is absorbed whether coppered water is used to wash dishes, wash hands, wash clothing, or to drink.

It has been known for decades that blood copper levels are elevated in all kinds of cancer. But it was interpreted to mean that cancer itself caused copper accumulation, instead of thinking that the copper might be causing the cancer! Copper water pipes were not suspected. Yet it is easy to demonstrate that by moving away from copper water pipes copper levels drop immediately. (This is followed by a corresponding drop in fungal growth.) In a few weeks the copper level can be down to normal!

How fast the copper leaves the breast depends on the Freon there. When Freon is removed at the same time, the copper level can be lowered quickly. If Freon is not removed, copper sticks tenaciously to the breast, even requiring EDTA chelation to remove it.

With copper and Freon gone, the fungal growth can be stopped. It merely needs to be eliminated in the bowel, now, to stop it at the breast. It is as if the breast tissue has its immunity restored, immunity that tolerates no mycelial growth and no spore formation. By clearing all fungus from the bowel, the tissues are cleared of it also. The tissue may be the prostate, liver, pancreas or brain. Tumors here grow the same way as in the breast.

A 2 teaspoon dose of extra strength Black Walnut Tincture will kill all growing fungus in the bowel (along with all parasites)! This, in turn, eliminates body fungus-for a day. To stay clear, the tissue must stay free of copper and Freon.

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### Tapeworm Stages and Bacteria are in Tumors

There are two more collaborators in the growth of a benign tumor: bacteria and tapeworm stages. Bacteria produce **growth factors** that stimulate growth, namely cell division. Unfortunately those same growth factors stimulate your cells, too, causing them to divide and form a tangled mass. The bacterial growth factors are not as potent as ortho-phospho-tyrosine. Nevertheless, together with patulin and aflatoxin, two powerful mycotoxins, they can result in quite large cysts. The tumor-promoting bacteria are the familiar ones we acquire from eating dairy products, from our own bowel, and from dental infections. Here are several factors they produce:

<b>Bacteria</b>	<b>Source</b>	<b>Growth Factors /Markers</b>
<i>Staphylococcus aureus</i>	Dental	Epidermal growth factor (EGF)
<i>Escherichia coli</i> ( <i>E. coli</i> )	Bowel	Cancer associated antigen GI

<i>Salmonella typhimurium</i>	Dairy	Cancer antigens, CA 15-3 and CA-125
<i>Salmonella paratyphimurium</i>	Dairy	Platelet derived growth factor (PDGF)
<i>Shigella flexneri</i>	Dairy, tapeworm stages	Cancer antigen, CA 15-3, PDGF, Insulin like growth factor (ILGF)
<i>Shigella sonnei</i>	Dairy, tapeworm stages	Alfa Feto protein (AFP)
<i>Shigella dysenteriae</i>	Dairy, tapeworm stages	Cancer antigen, CA 72-4

It comes as a surprise that tapeworm stages can also set free these bacteria. Particularly the varieties of *Shigella*, the scourge of cancer patients, are released by tapeworm stages. When the tapeworm stage is intact, very few bacteria escape. But when the tapeworm stage erodes, droves of bacteria are released.

If you cannot get rid of your Shigellas, in spite of following the dairy rules perfectly, you can assume you have eroding tapeworm stages. Unless the tapeworm stages can be completely killed, the *Shigella* migration to the tumor cannot be stopped. Nor can the tumor growth that is fueled by *Shigella* growth factors.

It is a grand conspiracy between bacteria, tapeworm stages, and fungus. When they are together, they can start a tumor growing, albeit a benign one.

### Tumor Defense In The Body

Now the body needs to call in extra forces to rout the young tumor. It uses its tumor shrinking factor, called *Tumor Necrosis Factor* (TNF) to do away with the tumor. Every person I see without tumors, tests Positive to TNF. Every person with tumors tests Negative! Evidently, the disappearance of TNF allows the young tumor to grow. What would cause us to stop producing this life saving substance?

TNF is produced in the parathyroid glands and is sent to the organ in need. It is not produced when patulin is present. Patulin, the mycotoxin produced by *Penicillium* fungus species, has been studied extensively by scientists and is known to be carcinogenic. Whether patulin is eaten with fruit (apple juice may have as much as 1 PPM) or produced by *Penicillium* fungus growing there, the result is the same. The body no longer has its precious tumor-shrinking factor. Tumors can now grow.

Stopping eating fruit and clearing the bowel of fungus growth with Black Walnut Tincture Extra Strength clears the parathyroid of patulin (only if copper and Freon are gone). In one day TNF is again produced. Tumors can now shrink. They shrink noticeably in a week.

### How Benign Tumors Turn Fatal

At some time, the benign cyst may become malignant. This means that ortho-phospho-tyrosine is also present. There is propyl alcohol, hCG, and aflatoxin as well as multiplying Fasciolopsis stages. Did the Fasciolopsis stages suddenly discover the benign cyst the way a hermit crab discovers an unused shell?

The discovery of growth factors in benign cysts and even the presence of a few fluke stages there suggests we should be much more concerned about them. Perhaps the distinction between benign and malignant tumors is deluding. Like the distinction between a loaded and unloaded gun. When ammunition is available, no gun should be ignored.

We should really view tumor formation, or *tumorigenesis*, with the same caution as cancer, even though it is slow at first. It could begin to accelerate, doing more and more harm. Yet the body has coped with tumorigenesis a very long time, from the beginning of humanity, as evidenced by our body's ability to produce TNF!

Perhaps malignancy is a more recent phenomenon. The body has not yet acquired an efficient way to detoxify propyl alcohol in the presence of aflatoxin. The body is quite vulnerable to mycotoxins of many kinds, and they cause many abnormal conditions that our bodies can not stop. Of course, knowing what starts our tumors gives us the power to stop them.

### *Preventing Tumors Will Prevent Cancer*

Tumors are complex structures, which appear to be associated with fungi, metals, bacteria, tapeworms and toxins. Being complex, you would think they would be fragile, and removing just one building block would topple them. But the opposite is true: together they form a highly durable opponent for your immune system. The best way to beat tumors is not allowing them to start.

#### **How To Prevent All Tumors**

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1. Get away from coppered water for all purposes.
  2. Get away from Freon refrigerators, air conditioners, and so forth.
  3. Stay on a maintenance parasite program.
  4. Get rid of bacterial infections under dentalware, or in the bowel.
  5. Don't eat moldy food.
- 

Of these, stopping bacterial infections is the most difficult. But a dental cleanup, doing the Bowel Program (page 506), and avoiding unsterile dairy foods can accomplish it.

Parasitism can be reduced by avoiding the solvents propyl alcohol and benzene (for flukes and tapeworm stages). Freon can be replaced by other refrigerants. And copper plumbing can be replaced with plastic.

All malignancies begin with these benign risk factors whether solid tumors are formed or not. It should be possible to prevent all kinds of cancer with these five steps.

### *Review*

The intestinal fluke can reproduce itself from beginning to end inside your body (not needing a snail) if you have solvent in your body. There are many solvents around us. If the solvent is propyl alcohol, which accumulates in the liver, new adults develop in the liver and cancer begins. A growth factor, ortho-phospho-tyrosine, is produced which makes cells divide. The adult is in the liver but the growth factor is far away in the organs that have propyl alcohol and fluke stages in them. They reproduce by the thousands and your organ cells are forced to reproduce along with them. This is cancer.

Propyl alcohol is not detoxified by the liver, but instead accumulates, possibly because of aflatoxin B, found in moldy food. The liver succeeds in getting rid of some of the propyl alcohol by dumping it through the bile ducts into the intestine. It leaves with the bowel movement. But in the intestine the alcohol encounters millions of fluke eggs. Since propyl alcohol is a solvent, I think it dissolves the shells of the eggs and lets them all hatch! Right inside you! More research is needed to be certain of this. Certainly the tiny baby stages (miracidia) get into your blood and travel everywhere in your body! They land, become redia, and reproduce into thousands more! They finally turn into cercaria, metacercaria, and finally adults.

Adults in your liver, if you have propyl alcohol in it, causing cancer!

Adults in your pancreas, if you have wood alcohol in it, causing diabetes!

Adults in your thymus, if you have benzene in it causing HIV disease!

Adults in your brain, if you have toluene or xylene in it, causing Alzheimer's disease!

Adults in your kidneys (Hodgkin's disease), uterus (endometriosis) or prostate (chronic prostatitis) if you have other solvents there!



Adults in your skin if you have Kaposi's sarcoma.

I had to mention these diseases even though this book is just about cancer because you should know what a scourge this parasite is, and how deadly it is to have both the intestinal fluke and solvents. In every case (100%) of these diseases that I have seen, both have been present.

Remember, cancer could not have gotten started without the help of the benign risk factors: copper, Freon, bacteria, tapeworm stages, and mycotoxin.

One more clue. Vitamin C is known to help with cancer. Dr. Linus Pauling has made an excellent case for it, although others have not. I have evidence that vitamin C helps the liver detoxify aflatoxin. Make sure you are taking at least one gram of vitamin C with each meal.

Another action of vitamin C is on serum iron, keeping it in a chemical form that can better compete with copper.

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